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WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Sausage & Mash with Gravy	Beef Lasagne with Garlic Bread 	Roast Gammon, Gravy, Yorkshire Pudding & Roast Potatoes	Rainbow Vegetable Pizza with Tomato Pasta 	Battered Pollock & Chips 
<b>Vegetarian Option</b>	Veggie Sausage & Mash with Gravy <sup>VG</sup> 	Plant-based Lasagne with Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Spaghetti with Plant-based Meatballs in an Arrabbiata Sauce <sup>VG</sup> with Garlic Bread 	Cheese Quiche & Chips
<b>Vegetables</b>	Broccoli, Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens & Carrots 	Garden Peas & Sliced Carrots 	Garden Peas & Baked Beans 
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 
<b>Dessert</b>	Banana Bread Cookie	Raspberry Jelly & Fruit Slices <sup>VG</sup> 	Blueberry Cake & Custard	Fruit Slices & Flapjack <sup>VG</sup> 	Chocolate Mousse

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan VG
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England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.