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ST SIMONS



WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Sausage in a Roll with Tomato Pasta Salad	Mild Beef & Bean Chilli & Yellow Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Veggie Sausage & Sweetcorn Pizza with Pasta Salad 	Fish Fingers & Chips 
<b>Vegetarian Option</b>	Vegetable Sausage in a Roll with Tomato Pasta Salad <sup>VG</sup> 	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Margherita Pizza Slice with Pasta Salad 	Cheese & Onion Bake & Chips
<b>Vegetables</b>	Coleslaw & Garden Peas 	Vegetable Sticks or Sweetcorn 	Seasonal Greens & Carrots 	Broccoli, Carrots & Cauliflower or Mixed Salad 	Garden Peas, Baked Beans 
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo, Cheese or Salmon Mayo 
<b>Dessert</b>	Chocolate Fudge Cake	Apple & Cinnamon Rolls 	Strawberry Jelly <sup>VG</sup>	Fruit Slices & Vanilla Cookie <sup>VG</sup> 	Vanilla or Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan VG
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**England's target for 'free sugar' intake for your child**  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.